

pro7^{HC}

Focused on Your Wellbeing.

As the leading brand of whole body vibration equipment, Power Plate® has been scientifically proven to address a range of medical conditions, speed recovery time, and quickly return patients to their activities of daily living.

Our newest model, the pro7 Healthcare, is the first commercial vibration training machine designed specifically for the needs of medical facilities and treatment centers. The pro7HC™ comes complete with patient friendly, integrated LCD touch screen video programs focused on neurological (neuro) health, pain relief and common conditions. Equipped with an integrated heart rate monitor and embedded multidirectional cables, range of motion tracking, and real-time variable resistance (power output) display, the pro7HC makes assisting patients easier and more efficient.

Whether you are looking to address neurological based conditions, physical pain, or general health issues, the pro7HC is a valuable addition to any practice.



Accelerates and maximizes results



PrecisionWave Technology™



Patented multidirectional vibration



Helps boost recovery time



A complete workout in only 15 minutes





Power Plate® pro7HC™ Features

71-HC7-3300

Color (Standard)	White
Dimensions (W x D x H)	38in x 46in x 60in / 96cm x 116cm x 152cm
Platform Dimensions (W x D x H)	38in x 33in / 96.5cm x 83.8cm
Weight	430lb / 195kg
Power Supply	100–240V, 50/60Hz, Nominal Power: 160-265W, Universal Voltage
Maximum Load	500lb / 227.2kg
Stabilization System	Advanced Stabilization and Compensation System
Operating System	Android 4.4.2
USB Port / Hub	4 USB port support (USB host 2.0)
Net Access	10 /100M Ethernet
Upper Display	4-wire Capacitive type touch screen with 10.1" 1920x1080 resolution LCD display
Audio	Wolf sound chip WM8994, stereo in/out
Vibration Settings	0-8 (with 27 sublevels of intensity)
DualSync™Twin Motor System	DualSync Twin Motor System maintains precise balance at any frequency and amplitude level, allowing perfect synchronisation of vibration for maximum muscle response and efficiency
proMotion™ Dynamic Vibration Technology	Three-position tension adjustment; embedded with modular attachment option
Frequency	25 - 50 Hz
Time Selections	0-9 minutes (15 second increments)
Heart Rate Monitor	ANT+ Wireless technology
Amplitude	Low or High
Certifications	CE, PSE, MDD
Warranty	3 years hardware / 1 year electronics / 1 year labor

REV0620



Push-Up



Squat w/Static Strap



Calf Stretch



For training tips, workouts and even more ways to get the most out of our products, download the Power Plate App.



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